



## **EUROPEAN TABLE TENNIS CHAMPIONSHIPS OF ABSTINENCE ENVIRONMENTS PRUSZKOW - WARSAW 25-26 NOVEMBER 2017**

Dear Sirs, dear Colleagues,

We hereby turn to you in behalf of Mazovian Union of Abstinence Associations and National Council of Abstinence Unions and Associations in Poland.

Our aim is to initiate integration of abstinence movement from all over Europe.

This object we want to reach among other through the organization of joint meetings – mostly of a sporting character, with a hope that relations will develop and evolve.

In Poland the process of integration of abstinence associations has been going on for many years. As part of this we organize trips, therapeutic camps, charity balls, dancing parties, trainings, family picnics and table tennis tournaments of which we are especially proud.

During all these events and meetings we have observed how much benefits result from maintaining close contacts between addicted people: everyone can count for a support, new friendships arise, who only set foot on the path of sobriety can learn of sober life from the others. All of us can courageously break down our own barriers because we are in own secure environment.

Since all previous integration events were positively assessed and completely satisfied our expectations, so we decided to go outside to show you our achievements and invite you to share your experience in pursuit for what is the most important for us, ie. sober and healthy life ...

### **EUROPEAN ABSTINENTS' TABLE TENNIS CHAMPIOSHIPS**

**UNDER THE PATRONAGE OF POLISH MINISTRY OF SPORT**



Ministerstwo  
Sportu i Turystyki

In Poland table tennis tournaments for abstinence associations have already several years of tradition. The first tournament with our participation took place about 10 years ago, the first Polish Championships took place in 2015. Currently local or nationwide competitions are organized regularly.